

# aboutfirst news

May, 2020 First United Methodist Church, Cedar Falls

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Love First. Let's Gather, Grow, Go Together



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issue 235, May, 2020

First United Methodist Church  
718 Clay Street  
Cedar Falls, Iowa, 50613  
aboutfirst.com

Announcements and editorial content for publication may be submitted to the First UMC media office by the 20th of each preceding month. Email to: [chris.congdon@aboutfirst.com](mailto:chris.congdon@aboutfirst.com)

Awake To Hope

*"But nobody knows when that day or hour will come, not the angels in heaven and not the Son. Only the Father knows. Watch out! Stay alert! You don't know when the time is coming. It is as if someone took a trip, left the household behind, and put the servants in charge, giving each one a job to do, and told the doorkeeper to stay alert. Therefore, stay alert! You don't know when the head of the household will come, whether in the evening or at midnight, or when the rooster crows in the early morning or at daybreak. Don't let him show up when you weren't expecting and find you sleeping. What I say to you, I say to all: Stay alert!" - Mark 13:32-37 (CEB)*

"Keep watch," "stay alert," "be prepared" is Jesus' counsel - not "worry," "stew," or "fret." Here Jesus urges his disciples not to worry about God's sense of timing, but to be concerned about their own state of readiness. However, waiting for it is not our way, waiting for God to show up... it seems like quite a wait.

We are a people who greatly value control. We are people of security. Take that as a description of what our world is all about - control. Through our ever-expanding knowledge of the way the world works, we have learned to work the world, or so it seems. So we have population control, and birth control and climate control. We love to be in control... don't we.

In one significant experiment, people were given a puzzle to solve. While they were solving the puzzle, loud, distracting music was played. One group was put in rooms where they were given a control knob, where they could turn down the music if they desired. The other group was forced to sit in rooms where there was no control knob.

The group in the rooms where there were volume control knobs did significantly better on the test. And yet, here is the surprise.

The majority of the people never used the control knobs. It seems just knowing that they had some control, was enough to keep them at the task and to enable them to do significantly better at it.

Isn't that the shock we all feel with current Covid-19 crisis? We have it seems no control in the future.

I'll let you in on a secret...we're not in control. The Bible is always trying to tell us this that we can't rely on our controlling things. The Bible tells us we are stewards with God, not able to separate our role from the guidance of God and our ultimate security is found in knowing our role and knowing God.

It's such trust in God and being alert to what's around us that is central to faith.

Each day we are given the invitation to wake up, to open our eyes to our true insecurity, and to our true security. This news is our God news, this news is our good news. In this season of our lives...this season of waiting may we come to fully realize that the world is not in our hands and really never was. Thanks be to God! May we stay awake, keep alert and trust in the goodness of God to see us through.

Blessings and Peace

Pastor Scott Kober

## In-Person Worship Suspended Through May

On April 28, Iowa Conference Bishop Laurie Haller issued a statement strongly urging Iowa United Methodist Churches to continue their in-person worship suspensions until June 1.

*... our first priority as disciples of Jesus Christ is to protect those who are most vulnerable, which includes the elderly, the very young, and those with underlying health conditions. Even though we all want to return to our churches and be a part of the body of Christ in-person, I believe that it is more important to assure the safety of our communities from further infections. - Bishop Laurie Haller*

By consensus, through electronic communication, our First UMC Administrative Council has affirmed Bishop Haller's recommendation for Cedar Falls First UMC, and will re-assess the situation at the end of May.



## Tune In To Evening Reflections

Every evening at 6:00, a church staffer or volunteer will be live on our Facebook page with a reflection for the day. Gather the family and tune in for a word of encouragement and something to think about. Feel free to share comments with others who are watching - it's good to hear from each other!

## First UMC is on Cable TV

We have an hour timeslot on public access cable TV in both Waterloo and Cedar Falls. Our program includes a Sunday School story for children, a devotion from a church staff member, and the teaching session from last Sunday's service.

Cedar Falls (CFU) Channel 95.5, Friday @ 8:00 pm, Sunday @ 9:00 am  
Waterloo (MediaCom) Channel 17, Sundays @ 11:00am & 8:00 pm

## How to Worship Online

Even though we are maintaining physical distance, we are still a family of faith, and we still have good news to share. Here are three options for online worship with First UMC CF.

### option #1 Facebook Live Stream

8:30 Sunday service time, and any time thereafter.

If you have a Facebook account, search Facebook for "Cedar Falls First United Methodist Church", and at 8:30 on Sunday morning, a live video stream will start. You can watch in real-time and share comments with others who are watching. The video will remain available on Facebook forever.

[facebook.com/firstumccfmedia/](https://facebook.com/firstumccfmedia/)

### option #2 aboutfirst.com

by noon Sunday, and any time after. Go to our church website, [aboutfirst.com](http://aboutfirst.com). Just below our church name near the top of your screen, (or in the menu on a mobile device), you'll see the words "worship online". Point your mouse at those words, and choose a worship date. You'll find that week's worship video, and links to the teaching scripture passage, kids' Sunday School video, and online offering.

### option #3 Youtube Channel

by noon Sunday, and any time after. Go to our church website [aboutfirst.com](http://aboutfirst.com) and scroll down until you see the "sermons" graphic. Click it, and you will be taken to our Youtube channel which archives all of our sermons for the past several years.



## - WORSHIP SCHEDULE -

for the duration of the  
**Corona Virus Emergency**

**Sunday, 8:30 am**  
Livestream on Facebook

**Sunday, noon**  
video and resources on [aboutfirst.com](http://aboutfirst.com)

**Every evening, 6:00 pm**  
short reflection and prayers  
livestream on Facebook

## Spring Bell Concert

Our bell choirs have been presenting free spring concerts for more than fifty years. This year, the concert will be presented via Facebook, at the regular concert time of **7:00pm on Sunday, May 3.**

Rehearsals have been impossible this spring but that won't stop the music! If you liked last year's concert, you'll like this one, too. Have a watch party and hear the bells ring.



## Butterflies and Rainbows

Thank you to the FirstKids who decorated our Gathering Place windows with hand-colored butterflies and a heart rainbow. It warms our hearts and brings cheer to that space!

During this Coronavirus Shutdown, many parents are keeping their kids at home, but some essential workers don't have that option. FirstKids continues to provide a daycare to those parents.

## Give Through Website or Your Phone

**Give Online:** We have implemented the Vanco GivePlus portal to allow online giving through our aboutfirst.com website. Vanco provides secure transaction services to thousands of churches in the USA, including many in our community. It's safe and easy. You'll find it on the giving pages at aboutfirst.com. Try it now.

**GivePlus Mobile App:** This is secure and easy! Want to be able to give to First UMC with four taps of your thumb? Download the GivePlus app onto your mobile devices. You'll have options for one-time gifts, recurring gifts, general offerings and mission projects. Set up an account, or use your phone camera to scan your debit/credit card. GivePlus app is available for both androids and iphones.



## No Rummage Sale This Year

The Annual Church Rummage Sale will NOT be held this year due to the COVID-19 restrictions. Much pre-planning needs to happen in the months of April and May to allow items to be donated in the months of June and July. Also, we are in need of key coordinators for the Women's, Men's, and Antique/Jewelry areas of the sale. Without having those positions filled, it would be impossible to have the usual organized sale we have come to expect. Pastor Kober understands and supports our decision to cancel this year's sale. Co-Chairs Maxine Kehret & Stephanie Buchs.

## Iowa Annual Conference Postponed

The 2020 session of the Iowa Annual Conference, originally scheduled for June 5-7, will be postponed due to the current Coronavirus health crisis. Bishop Laurie Haller made the decision with the full support of the Cabinet and the Annual Conference Session Planning Committee.

Preparations are underway for a one-day electronic Annual Conference Legislative Session via the Zoom platform. It will be held later in the summer or in early fall. Secure remote electronic voting by the elected lay members and clergy members of the Iowa Annual Conference will be utilized, again in accord with the Book of Discipline.

The Clergy session, which is required to be held before July 1, will be held by electronic means. The Board of Laity is currently planning an alternative Laity Session. Watch for more information as it develops.

## General Conference 2020 Postponed

The 2020 General Conference of the United Methodist Church, originally scheduled for this month has been postponed. Prospective dates are now Aug 31 - Sept 10, 2021.

The yearlong postponement of General Conference is unprecedented, according to the United Methodist Commission on Archives and History. The United Methodist Church and its predecessor bodies typically have held a General Conference at least every four years since 1792.

## We Run This Announcement Every Month, But Right Now We Really Mean It

**Got extra fabric? Bring it in!**

Especially needed right now is 100% cotton fabric to make face masks, but there is always a need for durable/sturdy fabric to make school bags and other stitching projects. The Stitchers & Quilters also could use decent sized lengths of cotton quilting fabric for comfort quilts, baptism quilts, quilts for foster kids, and of course - for the beautiful items they make for the quilt auction each November. There is a designated bin for your quality fabric donation in the church collection site on the main level of the church in the little hall across from the drinking fountain.

# 6 Reaching In & Out



## Send a Card or Note

Many care facilities are not allowing visitors, even family. Send a card or a letter to our friends who are isolated right now. Phone calls and cards are also much appreciated for those who are staying home. Think of who sits around you in worship or in a group, and give them a call or a card. We still have updated photo directories at our Welcome Center. Pick one up Monday-Friday.

Doris Crandall, Gean Durbin, Jeaneene Kemmerer  
Martin Suites  
420 E. 11th St, Cedar Falls IA 50613

Marlys Cook, Ruby Hockey,  
Richard Hunt, Marilyn Pape  
Stanard Assisted Living  
420 E. 11th St, Cedar Falls IA 50613

Wanda Anderson, Marian Christason,  
Ruth Gooden,  
Mardy Hermann, Jack Hovelson, Homer  
Leymaster  
Windhaven Assisted Living  
5500 S. Main St, Cedar Falls IA 50613

Gil Hewett, Joe Nelson, Lura Treloar  
Deery Suites  
5307 Caraway Lane, Cedar Falls IA 50613

*list continued on next page . . .*

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## Thoughts From Congregational Care

We all know this is an unprecedented time in history. Our world has been upended. We are all facing these challenges in different ways. For some, those who are essential workers, the days are exhausting and hazardous. For others, who have family members in nursing homes, assisted living, or the hospital, the time away is filled with worry and fear of the unknown. Some of us are lonesome and wonder how we will fill the hours in another long day, away from family, friends, and activities.

High school seniors and their families face an unanticipated end to an important year in their lives. Young school children are home with a complete change in their daily lives, many living with food insecurity. And there are households with members who have lost their sources of income with no end in sight.

Where is God in this picture? I do not believe that God has caused this pandemic. I do believe He is here for us to comfort and bring us joy again. God is in the parade of cars with balloons to celebrate a child's birthday. God is in the teachers who are changing the way learning is done. God is in the making of face coverings and phone calls to check on friends. God is in the dedication of those who watch the children of essential workers and those who keep our building clean. The technology we use now that wasn't even invented until a few years ago is now a lifeline. God is present with the medical personnel, the grocery clerks, the truck drivers, and so many others who put their lives on the line for us.

So how do we make it through this unbelievable time?

- ACCEPT...the difficulty of this time in history and accept the range of emotions that you may feel.
- GET UP AND MOVE..Take care of yourself by exercising, eating right, and avoiding harmful substances.
- BE SAFE...Follow the guidelines we are given to stay home as much as we can, to wear face coverings when out, and keep a safe distance from others.
- GET SOME SUNSHINE...We will soon have days when we can garden, take long walks, or just relax outside.
- ASK FOR HELP...If you need it, ask. Your church pastors, staff, and Stephen Ministers are here to help: physically, emotionally, or spiritually.
- REACH OUT TO OTHERS...In reaching out to others we, in turn, comfort ourselves. Call someone you know who lives alone or is in a nursing facility. Send a long personal letter to someone on your Christmas card list. Offer to pick up something at the store for someone else.

No, God did not cause this pandemic. Even though we are all longing to be together again, our church is not the building. Our church is us; God is in us, and He will be there when we need Him. "I know the Lord is always with me....No wonder my heart is filled with joy." Psalm 16:8-9

Blessings and Love,  
Carol Dick

## Stephen Ministry Makes a Difference

The following words were shared by a person who experienced the care and love of a Stephen Minister:

My Stephen Minister was assigned to me after I had been in a care facility for many months and had been a part of our church for about a year. At first I thought, "I wonder how long he will last? Will he be like everyone else and fade away after a few weeks?" He didn't. One of the best ways to learn is by example, and I have learned a lot from my Stephen Minister as he calls on me week after week. I have learned to be more patient and loving. I trust God more than before. Prayer is a more important part of my life. Most of all, my Stephen Minister has given me the confidence to be close to our Lord. I so appreciate having someone who really cares---and keeps on caring and listening without growing weary of it. I understand what Paul meant when he told the people of the Church of Corinth, "So dear brothers and sisters, be strong and steady, always enthusiastic about the Lord's work, for you know that nothing you do for the Lord is ever useless."(NLT)



That's what Stephen Ministers are ---strong and steady. If you think you could benefit by having a Stephen Minister come alongside you and help you walk through some difficult circumstances in your life, please contact the church office at 266-1713, and you will be directed to one of the Stephen leaders. All contacts are held in strict confidence.



## FUMC Grief Support

As you may have ascertained, our grief support session scheduled for May has been canceled. That does not mean that you are forgotten as you grieve. This time of uncertainty can feel especially lonely for you. Please know that we care. Call 266-1713 or 277-0711 if you need to talk! God cares and so do we!

## FUMC Card Making

No card making session can be held this month. Instead, we challenge you to send cards or notes or e-mails to all those in your life who are important to you. Better yet, make a phone call. Reach out to others in love, and you, in turn, will be blessed during this difficult time.

## Help Us Find You!

As the volunteer callers have been trying to contact people, they are finding several whose phones are disconnected, probably because they have switched to cell phones. Please remember to contact the church office if your phone number or address has changed.

LaVonne Neese, Russ Nielsen, Irene Raub, Dotty Rokes, Ellen Opsal  
Thalman Square  
5500 S. Main St, Cedar Falls IA 50613

Marilyn Geesaman, Virginia Van Tassel  
Nation Cottage  
5111 Caraway Lane, Cedar Falls IA 50613

Vivian Hill, Thelma Macheska, Darlene Prashak  
New Aldaya Lifescapes  
7517 University Ave, Cedar Falls IA 50613

Martha Anderson, Darlene Jordan, Perry Thurman  
Pinnacle Care  
1223 Prairie View Rd, Cedar Falls IA 50613

Betty O'Brien  
Friendship Village- Lakeview Lodge  
312 Southbrook Dr, Waterloo IA 50701

Linda Rundall  
Sunrise Hill Care & Rehab Center  
909 6th St, Traer IA 50675

Noreen Roth  
Good Neighbor Society  
105 McCarren Dr, Manchester IA 52057



# 8 Education & UMW

## UMW Unit Meeting

March 12, 2020

Carol Dick, Parish Visitor Supervisor and Grief Support Coordinator, was the speaker at our monthly UMW Unit meeting. She comes with a wealth of experience. Carol handles her role with compassion, encouragement, gentleness, love and confidentiality. She is intentional in assuring that if there is a need, support will be provided. Both teams encourage others by offering support, showing they care and reinforcing that there are no wrong feelings, everyone has different needs. Under Carol's direction her teams are doing an excellent job of reaching out in Christian love, caring, being gentle with people needing tender loving care during their time of need reminding them that God is with them and they are not alone in their journey through their difficult time. In addition to her teams, Stephen's Ministers are also available to provide aid to those struggling with life issues. Everyone will attest that "listen, listen, listen" is key in visiting with people in need while keeping in mind that God is the cure giver and the FUMC teams are the care givers.

The time that the team members spend with others offering support is invaluable. When our volunteers conclude their visits, those in need feel the presence of God remains with them.

## Rocky Railway VBS Postponed

It is with a heavy heart that we have decided to postpone VBS. It was originally scheduled for June 5th-7th. With the announcement of the schools not returning for the remainder of the school year we feel it is best to move this event. At this point we are looking at a few dates in August. We will announce the new dates once we feel it is safe for us to be together in large numbers.



## Kids Get a Sunday Message, Too

Are you missing Sunday school? Be sure to go to [aboutfirst.com](http://aboutfirst.com) and scroll down until you see a box that says "Kids Worship". Here you will find weekly Sunday school videos and crafts.

## Youth Ministry Remains Active

Youth ministry doesn't stop for social distancing, and we have found plenty of creative ways to keep our youth connected.

- We have been delivering devotional packets to 5-6th grade and 7-12th grade students—email us to request one, and we will do a no-contact drop off.
- In early April, some of our 7-12th grade youth filled out postcards with encouraging and uplifting notes to send to members of our congregation who are isolated at home.
- Youth group for 7-12 grade is now meeting virtually on Zoom, Wednesdays at 6:15. Info on how to join can be found on our Facebook and Instagram pages, @cedarfallsfumcyouth. ALL are welcome!
- The 7-12th grade youth are also invited to join our GroupMe group chat, where youth can connect with each other and spark faith-building discussion on the devotionals. Email us for the link to join. ALL are welcome!

## 2020 Mission u:

### Learning Together for Transformation of the World

The United Methodist Women (UMW) Mission u summer and fall events are wonderful mission education opportunities to study current issues impacting society. Whether you are young or old, laity or clergy, a UMW member or not, a first timer or attend every year, you are invited. All participate in the "Spiritual Growth Study: Finding Peace in the Midst of Anxiety". Also, attendees may choose to attend either the Special Issue Study - "Pushout: Mass Incarceration; the School-to-Prison Pipeline" or the Special Anniversary Study "Women United for Change: 150 Years in Mission".

WHEN: July 19 - 21 Summer Mission u  
October 16-18. Fall Mission u

WHERE: Iowa Valley Continuing Education Center, 3702 S. Center Street, Marshalltown

You may obtain a copy of the brochure and registration form at the counter on the back of the Welcome Center in the Gathering Place.



## Digital Church

I have had several friends outside the church ask me in recent weeks, “Since your church is closed, what are you doing with all this time on your hands?”

After spitting my drink I informed them, “Our church is NOT closed and life in ministry has never been busier.”

We are witnessing the greatest shift in the church in the last 500 years. Not since the invention of the printing press has our methodology for ministry been effected like this. Since Covid-19, pastors and ministry leaders are fulfilling their calls in ways they were never trained for. I am encouraged by all the ways our church has stepped up in this unusual time. I have an extensive background in worship technology. In addition to being a full time pastor, I extend audio/visual consulting for churches all over the state of Iowa by helping them develop their sanctuary sound and visual systems. During this time of social distancing, many churches are scrambling to figure out how to do “digital church”. The demand for my time in this arena has never been greater. I have traveled to several congregations and have conducted webinars for the annual conference to help lead Iowa forward during this time. These last two months, our church and staff have been leading the way in the North East District in online worship. Many of the surrounding churches in our district that do not have this capability are attending our online services. While we normally average about 300 in worship on a Sunday, we are averaging about 1,300 in online worship attendance since Covid-19. We have those that worship with us in Cedar Falls, Des Moines, Independence, California, Florida, and Scotland. Though the church is not meeting in person, we are spreading the Gospel to more people than we ever have before.

We have made significant strides to shift during this time through Pastor Scott’s leadership, Chris Congdon’s video skills, and an adventurous staff that is willing to try things we have never done before. Digital bible studies are happening! Digital children and youth programming is going strong! Those who are isolated and alone are being contacted by phone and digitally! I could not be more proud to serve as one of your pastors as we continue to make disciples by all means necessary.

I hope to see you all in person very soon...but until then...catch you on the interwebs!

Be Bold, Be Strong,  
Pastor Matt

## Join the Facebook Group

We have created a new Facebook group called **First Friends and Family** to allow everyone to interact and share the ways they are finding to Love First. This group was developed so we as a church family could stay connected while we are social distancing. Head over to our church Facebook page, select “visit group”. You should find the button under the banner. Want to join? Click the member request button and we will be sure to add you, or send a note to Chris or Jenna and we’ll connect you.



## LOVE FIRST BY THE NUMBERS

1478  
(1300 + 178)

Easter Celebration viewers. According to the analytics provided by Facebook and Youtube, we have had more than 1300 people watch our Easter Celebration service on Facebook and 178 watched on Youtube.

## LifeServe Keeping Blood Donors Safe

These unprecedented times call for extraordinary measures from all of us. Over the past several weeks, our organization has taken significant steps to ensure the safety and adequacy of the blood supply as well as the health of our donors, team members, and volunteers during the COVID-19 outbreak.

**our next monthly blood drive is Monday, May 18, 12:30-6:00. There are still appointment slots to fill and the need is great. Make your appointment at [lifeservebloodcenter.org](https://lifeservebloodcenter.org).**

We have seen significant showing of donor support over the past few weeks which is keeping our blood supply stable. As the pandemic presses on, we must continue to seek blood donations for the coming days, weeks, and months to ensure that our blood supply remains steady. We are requiring all blood donors to schedule appointments and are not accepting walk-in donations. We are asking our blood donors to pre-screen their temperatures before coming to our blood drive locations to ensure their health and acceptability as a blood donor and to protect our team members.

## The Glamorous World of Live TV Production

Who hasn't dreamed of landing a role in the exciting world of live video production!?

Through this pandemic shutdown we have improved our livestream production, and when we resume in-person worship, we intend to continue the livestreams as well. So a new opportunity has opened for First UMC friends to become "producers" of our live, Sunday morning broadcasts. We will need four people who will be willing to be trained on some pretty cool equipment for the purpose of sending our message out for the whole world to see.

Once trained, you'll be on-duty about half of the Sundays, and can choose your preference of 8:30 Transformation or 11:00 Traditional worship.

You'll learn to

- set up and shut down the systems
- start and stop the livestream
- pre-roll and post-roll intros and extros
- send graphics and videos to viewers
- choose appropriate video sources

You'll get the lofty title of "Livestream Producer", and you'll work in a friendly environment where forgiveness is the order of the day.

Your pay is learning new (and possibly marketable) skills, and the satisfaction of enabling others to worship with us from home or to connect with First UMC from wherever they are in the world.

Interested in learning more? Chris Congdon in the media office would love to talk to you. [chris.congdon@aboutfirst.com](mailto:chris.congdon@aboutfirst.com)



## Miss A Sermon?

If you miss a Sunday message from Pastor Scott or Pastor Matt, you'll find it on our youtube channel.

Go to our website at [aboutfirst.com](https://aboutfirst.com) and scroll down to the "sermons" graphic, which will link you to all of our sermons and public videos.

## Thank You

We want to thank Pastor Scott, Pastor Matt, and our church family for your caring thoughts and prayers for Claudia. She battled cancer never once complaining. She smiled until the end. She was our angel.

Thank you,

*Carl & Ann Campbell  
Pat Campbell*

Thank you to staff and friends for all the messages, cards and especially prayers during my stay in U of I Hospital. Also thank you to Jane Wyckoff for the beautiful Easter Lily she delivered. That enhanced our Easter Sunday service viewing UMC service on line.

*Jerry Fogleman*

We would like to thank you for the nice Easter lily that Jane delivered to us.

*Richard and Betty Fanning*

Thank you for the beautiful Easter lily and to Jane for delivering it. It is kind of hard staying home but Jesus Chris is here with me. So the lily made my day and knowing that my church cares for all of us is a blessing!

*Shirley Bolin*

Thank you to the Congregational Care Team for the surprise colorful, cheery butterfly and the two cloth face masks.

Thank you to all who made those and for thinking of us. We feel blessed to be part of a caring church.

*Gary and Annette Pease*

Thank you Congregational Care Team for the mask. It is very colorful. I will use it when/if I go out.

*Genny Van Dorn*

## Sympathy to:

- Stephanie Buchs and her family on the death of her aunt, Marjorie Ryan, in Ohio. Marjorie died less than a month after her husband passed away in March.
- Linda Kennedy and her family on the death of her mother, Helen Hannan, on April 21.

## Congratulations to:

- Bill and Donna Mincks have a new great granddaughter, Isabelle, born April 9 in Ames. Happy news!
- Paul and Marcia Gardiner. They celebrate their 50th wedding anniversary on May 2. Paul and Marcia were married in our church on May 2, 1970.

## Thanks for the Notes to Church Staff!

Thanks to all who have sent encouraging notes to the church staff. We appreciate them all and miss seeing everyone. Here are some excerpts from notes we have received:

- “Thank you for the sermons on Sundays as it is an added blessing to be able to watch it. I like the format and the way you are bringing God’s word to us.”
- “Thank you for your faithful ministry in these uncertain times.”
- “I have been enjoying your services online.”
- “Thanks to everyone involved in making it possible for the church to come to us in our homes. At this time of uncertainty it is comforting to have the church with us every day.”
- “Thanks to all the staff at FUMC for the work that you do. You do it well. Our prayers are with you”

And this one made us all smile. This is from a woman who does not attend our church, but has been able to connect with us via Facebook. She wrote:

“Just a note to tell you that I’m so thankful for the 6:00 sharing time. It has been a blessing to me. I don’t personally know you or the others that share, but I just wanted you to know. I wanted you to know that I’ve sent many cards and notes since Jenna suggested it.

When Covid-19 is over, here is my bucket list!

- 1) Attend worship at church
- 2) Hug my kids and grandkids
- 3) Have breakfast with Bible study friends
- 4) Go to restaurant for a sit-down dinner with my husband
- 5) Buy a radio that works
- 6) Shop at Hallmark for greeting cards
- 7) Go to a movie
- 8) Have lunch at Peppercorn with sisters
- 9) Go to the library
- 10) Tea party with the girls - G’ma Camp
- 11) Visit family and home bound
- 12) Get a haircut
- 13) Have a family picnic
- 14) Shake hands and give hugs
- 15) Be thankful and more aware of nature around me

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## aboutfirst news

First United Methodist Church, Cedar Falls



### Online Worship

**Sunday, 8:30 a.m.**

**Sunday, noon**

**Daily, 6:00pm**

**Livestream on Facebook**

video and worship resources at [aboutfirst.com](http://aboutfirst.com)  
**reflection and prayers, Facebook Live**

### Television

**Cedar Falls (CFU) Channel 95.5, Friday @ 8:00 pm, Sunday @ 9:00 am**

**Waterloo (MediaCom) Channel 17, Sundays @ 11:00am & 8:00 pm**

### Our Pastors

Scott Kober, Lead Pastor, [scott.kober@aboutfirst.com](mailto:scott.kober@aboutfirst.com)

Matt German, Associate Pastor, [matt.german@aboutfirst.com](mailto:matt.german@aboutfirst.com)

### Staff (in alphabetical order)

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[sam.barr@aboutfirst.com](mailto:sam.barr@aboutfirst.com)

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